



Small Steps Big Changes Bulwell ward

Kirsten Chapman



What we've promised the Big Lottery

- Universal focus on pregnancy and first 3 years of life
- Four wards:
 - Aspley
 - Bulwell
 - St Ann's
 - Arboretum
- Three development outcomes:
 - Communication & language
 - Nutrition
 - Social & Emotional Development
- System Change



Made in Nottingham

Children at the heart, parents leading the way
guided by experts

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**Frontline
Workforce**

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Commissioners

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**Mums &
Dads**

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**Community
Sector**

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**Experts &
Clinicians**

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**Senior
leaders**

Two years in the making!!

152

- Local Authorities written to inviting expression of interest. Lead VCS organisation identified (Jan 2013)

40

- Stage 1: application (April 2013)

15

- Stage 2: submission of SSBC plan (Aug 2013)

5

- Successful areas announced (June 2014)

Go

- Commencement of SSBC Programme (April 2015)

What's in the SSBC programme?

- Enhancing parenting preparation and support – building the capacity of adults
- Over 40 evidence and science based activities and interventions
- Expanding the existing evidence base





Our 1st Year





**SSBC Programme
Team recruited**



**Two community
buildings upgraded**

**Family Mentor service
designed &
commissioned**

**Family Mentors
recruited & trained
in Bulwell & Aspley**

**Contract awarded
for St Ann's &
Arboretum**





**Small Steps At Home
developed for babies
0-12 months**




**New 'Stay & Play'
groups launched**





Baby Massage



**Bump, Birth &
Baby groups
enhanced**



**Baby Buddy phone
app launched**



**Triple P groups
launched**





**books delivered to
210 children**



**Community
Partnerships
growing**

What's next?





**Family Mentors for
St Ann's & Arboretum
from September**



**Small Steps At Home
developed for children
1-2 years**






**New pregnancy
nutrition groups**



**Extra help & support
for Postnatal
Depression**





**More
Imagination Library
books delivered**

**Fathers Reading
Every Day**

**New groups
Stories, Songs &
Rhymes**





**Baby
Signing**

**Cook &
Play**

**Baby
massage**