



Small Steps Big Changes Bulwell ward

Kirsten Chapman



What we've promised the Big Lottery

- Universal focus on pregnancy and first 3 years of life
- Four wards:
 - Aspley
 - Bulwell
 - St Ann's
 - Arboretum
- Three development outcomes:
 - Communication & language
 - Nutrition
 - Social & Emotional Development
- System Change

Made in Nottingham

Children at the heart, parents leading the way guided by experts



Two years in the making!!

152

 Local Authorities written to inviting expression of interest. Lead VCS organisation identified (Jan 2013)

40

Stage 1: application (April 2013)

15

Stage 2: submission of SSBC plan (Aug 2013)

5

Successful areas announced (June 2014)

Go

Commencement of SSBC Programme (April 2015)

What's in the SSBC programme?

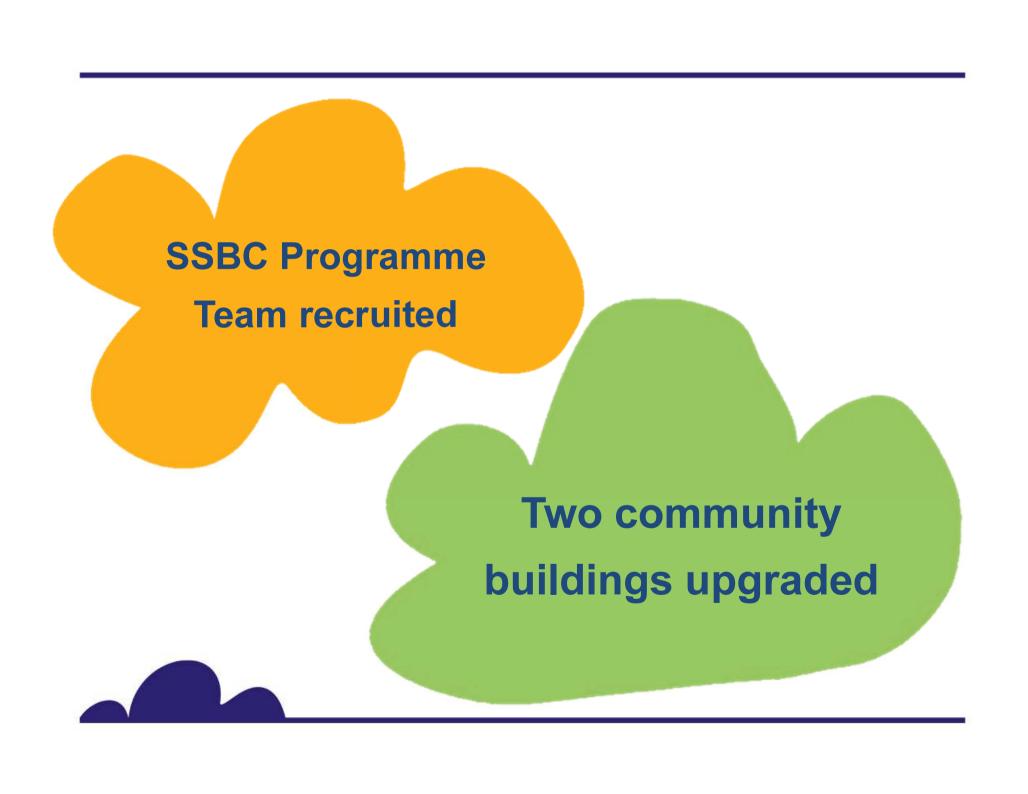
 Enhancing parenting preparation and support – building the capacity of adults

Over 40 evidence and science based activities and interventions

Expanding the existing evidence base







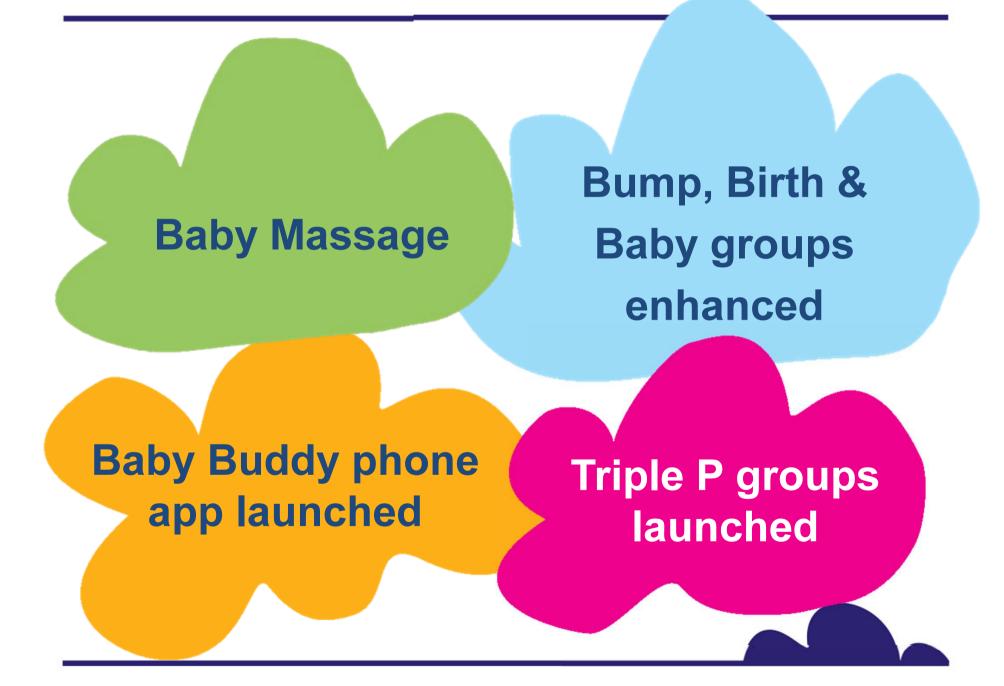
Family Mentor service designed & commissioned

Contract awarded for St Ann's & Arboretum

Family Mentors recruited & trained in Bulwell & Aspley



New 'Stay & Play' groups launched

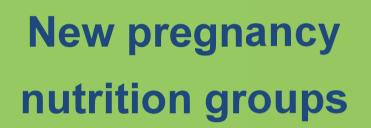








Small Steps At Home developed for children 1-2 years



Extra help & support for Postnatal Depression



